

# Blue Mountain Martial Arts

## Newsletter

October 2009

### NEWS

- **INCENTIVE PROGRAM!** The incentive program is still in effect and will be available year-round! We feel that it is the least that we can do; we want to thank you for helping to bring new students to the school! Please take some of our blue passes and write your last name, initials, etc on the back. For each person that you refer that takes a \$20.00 Trial Month, you will receive \$5.00 off of your next month's tuition! For each person that signs a 12-month contract, you will receive \$20.00 off of your next month's tuition! Please let us know if you would like some blue passes to hand out to your friends and neighbors!
- **PROGRESS REPORTS!** We are still issuing progress reports in an effort to improve communication with parents. You will receive them every two to three weeks as weekly was a little too often (approximately every 3 classes, depending on your attendance). Please take the opportunity to review the reports when you receive them as they will indicate where your child is doing great in addition to those areas that Master Chris feels need improvement. If you have any questions regarding the reports please do not hesitate to ask Master Chris!
- **DRESS CODE! PLEASE REMEMBER THE DRESS CODE!!!!** When wearing a t-shirt under your school jacket please understand that is just as much a part of your uniform as your jacket or pants. For this reason all students must wear either a school t-shirt or a plain white t-shirt under their jacket. *No other t-shirts will be permitted (even if it is a solid color!).*  
The Summer Dress Code will be in effect until the first Saturday in October (October 3<sup>rd</sup>); students have the option to wear either a school t-shirt in class or to wear their uniform jacket with the appropriate t-shirt underneath their jacket (*a plain white t-shirt without a jacket is not acceptable!*).  
As of the first Monday in October (October 5<sup>th</sup>) we will return to the Winter Dress Code. At that time all students will be required to wear their jackets while in class.  
If you are interested in purchasing a school t-shirt we do have them available in several colors. Please see Master Chris or Becky for more information.
- **FUNDRAISER!!** We still have Scratcher cards available if anyone would like to participate. Not only can the money that you raise can be used toward testing, boards, tournaments, or the annual trip to Mountain Training in Italy, but you also help local business at the same time! Please see Becky for more information!!!

### EVENTS

- **KICKBOXING!!** Monday / Wednesday / Friday from 7:00PM - 7:50PM. \$55.00 for the General Public or \$45.00 for anyone affiliated with BMMA. We are considering the addition of daytime kickboxing classes...please let us know if you are interested!
- **TOURNAMENT!** We are planning to participate in Grandmaster Choi's Tournament in Leesburg on October 3<sup>rd</sup>. The theme of the tournament is "Kick Cancer Out Of The World" and proceeds from this tournament will benefit Cancer Research. More details, including pricing, will be provided as we receive it. Please keep checking the bulletin board as we will hang the poster as soon as it arrives!

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- **SCHOOL CLOSURE!** Due to Master Chris' participation with Grandmaster Choi's tournament, there will be no classes at BMMA on Saturday, October 3<sup>rd</sup>.
- **GROUND FIGHTING SEMINAR!** Grandmaster Lee will be hosting a Ground Fighting Seminar on October 10<sup>th</sup> from 1:00pm – 6:00pm at World Martial Arts Center in Warrenton (608 Blackwell Road, Warrenton, VA). Cost is \$150.00 per participant. If you plan to attend please bring a notepad and pen, a light snack, and a couple beverages (water, Gatorade, etc.). Please see Master Chris if you plan to attend so he can get the appropriate registration forms.
- **BOARD HOLDING & BREAKING SEMINAR!** We know that breaking can be difficult for all students, especially as it is not practiced a lot in class with real boards. We are adding a seminar that will be all about breaking on Saturday, October 17<sup>th</sup> from 12:00pm – 2:00pm ! We know that the price of boards can be high so, taking that into consideration, we contacted our supplier with our idea. We were able to secure a discounted rate if we purchase in designated quantities of 20 boards. The price for 20 boards is \$30.00, regardless of whether they are Kid boards or Adult boards! Please reserve your boards no later than Friday, October 9<sup>th</sup> as we will not be ordering extra boards! Each participant will be practicing the breaking technique that will be required for their next test. Don't miss out on this awesome opportunity!  
Anyone who would like to learn how to hold boards properly is invited to attend as well (no fee is charged for board holders).
- **BLACK BELT TESTING!** Grandmaster Lee will be conducting Black Belt Testing on October 24<sup>th</sup> at World Martial Arts Center in Warrenton (608 Blackwell Road, Warrenton, VA). Testing will begin promptly at 1:00pm. All students are encouraged to observe this testing so you will have a better understanding of what will be expected of you in the future. If you plan to attend, please arrive no later than 12:30pm out of respect for Grandmaster Lee, WMAC, and those students that are testing.
- **TESTING!!!** The next opportunity to test will be on Saturday, November 7<sup>th</sup>. *COMPLETED TESTING FORMS AND PAYMENT ARE DUE BY FRIDAY, October 30<sup>th</sup>!* Testing fee is \$45.00; please make checks payable to WMAC (World Martial Arts Center). Students that are testing are required to arrive no later than 8:30am so that they can warm up prior to Grandmaster Lee's arrival at the school. Testing is scheduled to begin at 9:00am. *JACKETS ARE REQUIRED; IF YOU DO NOT HAVE YOUR JACKET YOU WILL NOT BE PERMITTED TO TEST! DUE TO THE UPCOMING HOLIDAY SEASON, THE NEXT TESTING OPPORTUNITY WILL BE IN JANUARY!*
- **TOURNAMENT!** Grandmaster Lee's Annual Fall Tournament will be held at World Martial Arts Center (608 Blackwell Road, Warrenton, VA 20187) on Saturday, November 14<sup>th</sup>! Competition will begin promptly at 9:00am and will conclude around 1:00 pm. If you are competing please arrive no later than 8:30am. Cost for the tournament is \$50.00 for the first event and \$5.00 for each additional event (Forms, Sparring, Breaking). **STUDENTS ARE ONLY ELIGIBLE FOR GRAND CHAMPION IF THEY COMPETE IN ALL THREE EVENTS!** There is no fee for spectators. *Please try to arrive early as parking is limited!!*  
This is the best chance to get tournament experience at a reasonable rate (most tournaments start at \$70.00 for the first event and \$10.00 for each additional event; the most recent tournament would have cost \$120.00 for three events if you signed up on the day of the tournament!). Sign-up forms will be available soon!